

# Priyadarshini College of Engineering

Date: 23/09/17

**Venue:** Wing E, IT Complex Seminar Hall.

**Participated by:** Ladies Faculties of PCE

**Event:** “Demo Session for Fitness (Aerobics)” under **Health and Happiness Program Cell**

**Resource person:** Mr. Roshan Warhade Key Zumba Certified from JUST dance Academy (ISO Certified), .

**Event Coordinators :** Mrs. N. R. Hatwar, Health and Happiness Incharge

**Objective purpose:** To focus on the physical as well as mental fitness of ladies teaching and non-teaching faculties, to develop the interest of physical workout, exercises, ZUMBA. To make them aware of their hidden talent and nourishing the same.



## Remark:

1. The purpose is achieved.
2. 40+ teaching and non-teaching faculties attended the enlightening program.